## **RETURN TO SCHOOL AFTER COVID-19 SYMPTOMS**

FOR WHEN COUNTY COVID LEVELS ARE MODERATE/HIGH (>25 Cases/100k/ 14 Days)

Individuals should remain at home if they have ANY symptoms of COVID-19. For symptoms that appear at school, they will be sent home.

#### **CLASS A SYMPTOMS**

Fever (100.4 degrees or higher)

Cough

Loss of sense of taste and/or smell

Shortness of breath

### **CLASS B SYMPTOMS**

Fatigue Sore Throat

Nausea/Vomiting Congestion or Runny Nose

Muscle or body aches Headache
Diarrhea (≥ 2 loose stools in 24 hour period)

If you have symptoms consistent with COVID-19, contact your health care provider to determine if testing is recommended.

They may provide a note stating when the student may return to school and that symptoms are related to another diagnosis

You may also contact:

The Department of Health Call Center: 1-800-525-0127 or The Tacoma Pierce County Health Department: 253-798-6410.

Be sure to follow Department of Health (DOH) guidance.

# RETURNING AFTER SYMPTOMS CONSISTENT WITH COVID-19\*\*\* AND WITHOUT KNOWN EXPOSURE

\*\*\*Symptoms unexplainable by known condition or medical history

# Anyone without prior exposure to COVID-19 with 1 Class B symptom lasting less than 24 hours may return to school 24 hours after symptoms have resolved

	COVID-19 TEST POSITIVE OR NOT DONE	COVID-19 TEST NEGATIVE
ANY Class A symptoms of any duration	Stay home for	Stay home for
• 2+ Class B symptoms of any duration	10 days	24 hours
	after symptoms begin	after fever and symptoms have
• 1 Class B symptoms lasting 24+ hours	<u>AND</u>	resolved without fever reducing
	at least 24 hours	medication
	after fever and symptoms have resolved with- out fever reducing medications	

#### **RETURNING AFTER EXPOSURE\* TO COVID-19**

<sup>\*\*</sup>Close-Contact: "lives with" or "is within 6 feet of for more than 15 minutes"

	COVID-19 TEST NEGATIVE OR NOT DONE	COVID-19 TEST POSITIVE
EXPOSURE with ANY SYMPTOMS	Stay home for  14 days  after the last day they were in close contact with the person sick with COVID-19  AND  at least 24 hours  after fever and symptoms have resolved without fever reducing medication	Stay home for  10 days  after symptoms begin  AND  at least 24 hours  after fever and symptoms have resolved without fever reducing medications
EXPOSURE with NO SYMPTOMS	Stay home for  14 days  after the last day they were in close contact with the person sick with COVID-19	Stay home  10 days from the date of the positive test  AND  THEY REMAIN COVID-19 SYMPTOM FREE

<sup>\*</sup>Exposure: close-contact\*\* with an individual with confirmed COVID-19.